

# Focus

AI-Generated Track • Inspiration: Prince Nanda & Ekaggatā

Drawing inspiration from the Buddhist story of Prince Nanda—who was captivated by his wife, Janapadakalyānī—"Focus" translates that classic tale into a modern relationship dynamic. It celebrates the dizzying rush of being madly in love while highlighting the comedy of trying to work when your partner is a total distraction, calling for a little *ekaggatā* (one-pointed concentration).

## VERSE 1

Three missed calls, ten new texts  
She's asking what I think about her new red dress  
Deadline breathing down my neck  
Boss looking at me like a trainwreck  
Then she sends a picture, sunlight on her skin  
Now every single thought just caves right in, yeah  
And I love it, I hate it • Nah—maybe I don't really hate it  
But she loves me so hard I can't concentrate, yeah  
You're messing with my head again...

## CHORUS

Baby, I'm stuck in the middle of a beautiful mess  
You want forever while I'm drowning in requests  
You pull me close, then wonder why I'm losing my mind  
What I need is tunnel vision, one thing at a time  
Give me that focus, focus, focus  
Just a little focus, focus, focus  
Baby, hold that fire—don't burn me alive  
One quiet workday, then I'm yours tonight

## VERSE 2

She walks in wearing nothing but my T-shirt  
Coffee in her left hand, making my whole week hurt  
Says, "You work too much," then kisses my face  
Now I forgot my password, time, and outer space

## VERSE 2 (CONT.)

Every little thing she does hijacks my brain  
Girl could start a riot just saying my name  
I'm trying to chase a future we can both live in  
But she keeps pulling me back into the kitchen  
She's a ten outta ten • And she worships the ground I'm walking in  
That's the sweetest kind of suffering • You're messing with my head again...

## CHORUS

Baby, I'm stuck in the middle of a beautiful mess...  
Give me that focus, focus, focus...

## BRIDGE

I wanna give you every midnight, every rooftop, every dream  
But I can't reply in real time while I'm building everything  
You're not wrong for wanting me • Girl, you're honestly too good to lose...  
I just need one hour of ekaggatā... • That's all I'm asking from you

## OUTRO

So listen, my beautiful disaster... You're not the problem  
You're the reason I forget every problem • And honestly? That's getting a little dangerous  
Give me just a little space, bunny • Not forever—just tonight  
Let me finish one damn thing • Then I'm all yours for life  
Focus... focus... focus • Space, bunny... Then I'm all yours... For life